

4 ELEMENTS TOUR

NICARAGUA



BOOK NOW



Granada, Solentiname, San Juan Del Sur, Ometepe, Popoyo, Matagalpa, Macizo, Somoto, Esteli & Leon



Volcano boarding, Catamaran Tour, Somoto Canyoning, Telica Volcano, Chocolate Tour, Cloud Forest & more!



Bilingual guides:
Spanish, Dutch & English



Daily breakfast and select lunches & dinners



2-person rooms / small dorms
Solo-travelers & couples



18- Days
Maximum 12 persons



MORE INFO:



Mono Loco Adventures



+505 7776 2624



+31 6 36087318



mono.loco.adventures@gmail.com

TRAVEL ITINERARY

DAY
01

EXPLORE GRANADA

Morning

Kick-off Tour
City Tour Granada

Afternoon

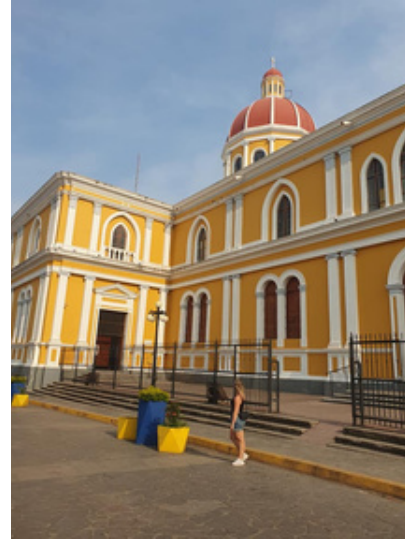
Boat-tour Iseletas
de Granada

Evening

Dinner at Iseleta
El Roble

Night

Hotel Macondo



DAY
02

EXPLORE GRANADA

Morning

Mombacho volcano

Afternoon

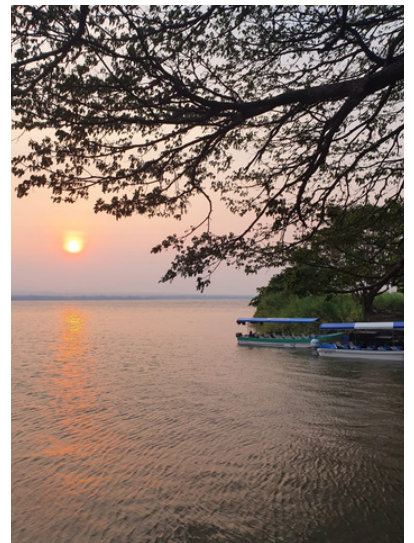
Lunch at Casa Marimba
Laguna Apoyo

Evening

Explore Granada

Night

Hotel Macondo



DAY
03

EXPLORE SOLENTINAME

Morning

Guatuzos Reserve
Solentiname

Afternoon

Lunch at Solentiname
Island Exploring

Evening

Dinner at
Solentiname

Night

Cabanas
Solentiname



TRAVEL ITINERARY

DAY
04

EXPLORE SAN JUAN DEL SUR

Morning

Optional fishing trip

Afternoon

Lunch at Colon
Hike to Mirador Cristo

Evening

Explore San Juan
Del Sur

Night

Casa de Olas /
Hola Ola Hostel



DAY
05

EXPLORE SAN JUAN DEL SUR

Morning

Playa Hermosa

Afternoon

Lunch at Playa
Hermosa
Catamaran Tour

Evening

Explore San Juan
Del Sur

Night

Casa de Olas /
Hola Ola Hostel



DAY
06

EXPLORE OMETEPE

Morning

Playa Remanso

Afternoon

Lunch at Ometepe
Punta Jesus Maria

Evening

Dinner at Punta
Jesus Maria

Night

Ometepe House



TRAVEL ITINERARY

DAY
07

EXPLORE OMETEPE

Morning

Chocolate Tour

Afternoon

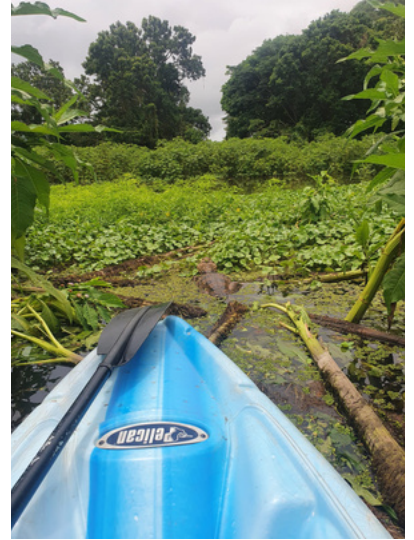
Lunch at El Pital
Kayak Rio Istian
Playa Mangos

Evening

Dinner at Playa
Mangos

Night

Ometepe House



DAY
08

EXPLORE OMETEPE/POPOYO

Morning

Ojo de Agua

Afternoon

Lunch at Ojo de
Agua

Evening

Dinner at Popoyo

Night

El Pez Surfhotel /
Amahula Hostel



DAY
09

EXPLORE POPOYO

Morning

Work-out
Optional Surflesson

Afternoon

Optional Surflesson

Evening

Bonfire at the Beach

Night

El Pez Surfhotel /
Amahula Hostel



TRAVEL ITINERARY

DAY
10

EXPLORE PUEBLOS BLANCOS

Morning

catarina viewpoint
optional zipline

Afternoon

Lunch at Catarina
Pueblos Blancos
Tour

Evening

Dinner down the
road

Night

Selva Negra
Ecolodge



DAY
11

EXPLORE SELVA NEGRA

Morning

Hiking
Farm Tour

Afternoon

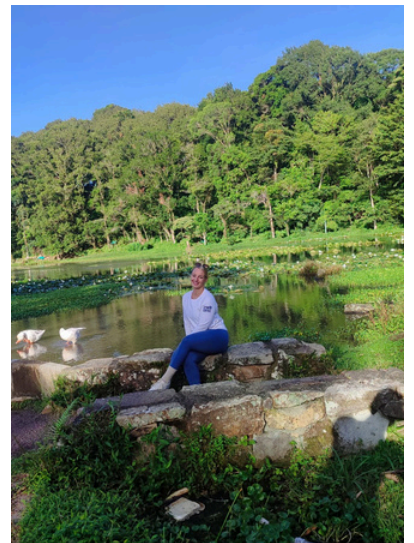
Lunch at Selva Negra
Cascada Blanca
Cascada la Luna

Evening

Dinner at Macizo

Night

Cabanas Macizo



DAY
12

EXPLORE MACIZO

Morning

Cloud Forest Tour

Afternoon

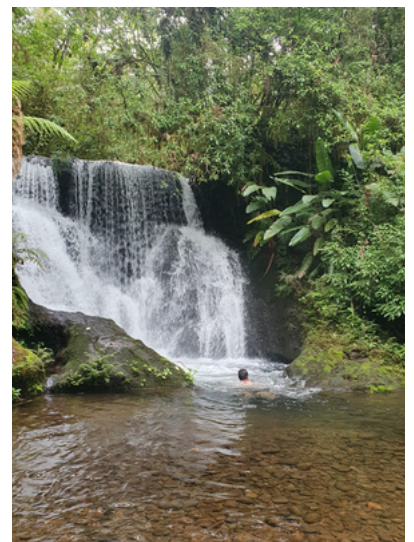
Lunch at Macizo
Fresa Nica

Evening

Dinner at Cabanas
Gabriela

Night

Cabanas Gabriela



TRAVEL ITINERARY

DAY
13

EXPLORE SOMOTO

Morning

Canyoning Tour

Afternoon

Lunch at Cabanas
Gabriela
Rosquilla Tour

Evening

Dinner at Finca
Neblina del Bosque

Night

Finca Neblina del
Bosque



DAY
14

EXPLORE ESTELI

Morning

Hiking Finca Neblina
del Bosque

Afternoon

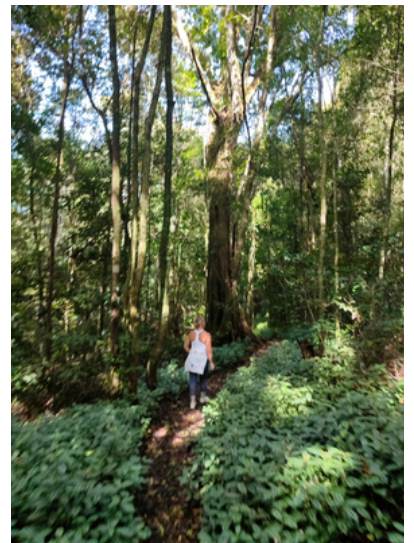
Lunch at Finca
Neblina del Boque
El Jacalate

Evening

Explore Leon

Night

Hotel Azul



DAY
15

EXPLORE LEON

Morning

Walking Tour

Afternoon

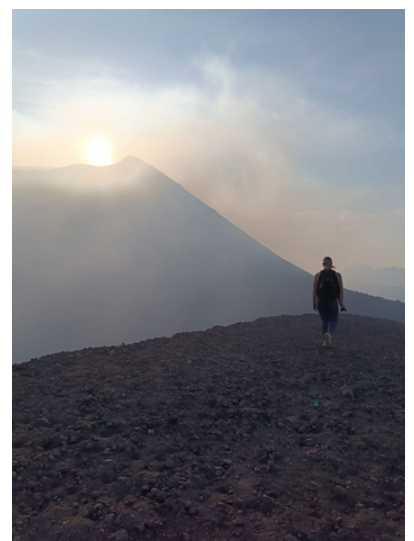
Telica Sunset

Evening

Telica Sunset

Night

Hotel Azul



TRAVEL ITINERARY

DAY
16

EXPLORE LEON

Morning

Explore Leon
Visit museums

Afternoon

Cerro Negro
Volcano Boarding

Evening

Cerro Negro
Volcano Boarding

Night

Hotel Azul



DAY
17

EXPLORE LAS PENITAS

Morning

Juan Venado Island
Mangrove Tour

Afternoon

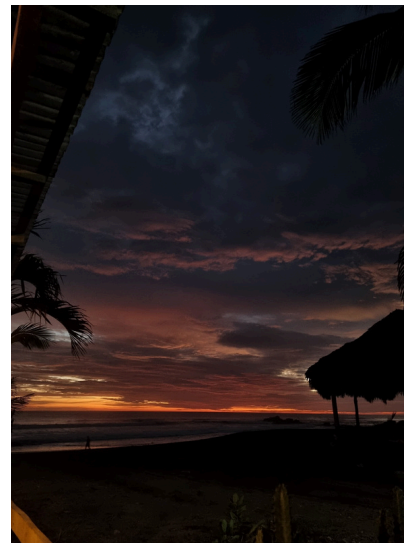
Lunch at Las Penitas
Optional Surflesson

Evening

Last groupdinner at
the beach

Night

Hotel Azul



DAY
18

DEPARTURE DAY

Morning

Ride to the airport



TRAVEL INFORMATION

TOUR INCLUDES:

- Bilingual guides (Spanish, Dutch & English)
- Nicaraguan born and raised tour guide
- Accommodation
- Activities as mentioned in the itinerary
- Breakfast
- Selected lunches as mentioned in the itinerary
- Selected dinners as mentioned in the itinerary
- Entrance fees
- Transportation by van
- Ferry to and from Ometepe
- Boat to and from Solentiname
- Accommodation arrival day
- Airport transfers

TOUR EXCLUDES:

- International flight to and from Nicaragua
- Travel insurance
- Cancellation insurance
- Optional activities
- Tips for tour guides
- Money for drinks, snacks, lunch & dinner

PRACTICAL INFORMATION

WHAT TO BRING:

- Passport
- Medicines
- Creditcard/debitcard
- Toiletry
- Towel
- Daypack
- Summerclothes
- Swimminggear
- Hikingshoes
- Longsleeve
- Comfortable long hiking pants
- Sunglasses
- Hat/cap
- Bugrepellant
- Sunscreen
- Cash (you need to pay 20 dollars at customs)
- Electronic devices



MONO LOCO ADVENTURES

TOURGUIDE LEONEL:

- Native Nicaraguan
- Bilingual: Spanish, English, Dutch
- Nicaragua certified national guide
- Enthusiastic artist
- Nicaragua lover



TOURGUIDE MARGREET:

- Dutch
- Bilingual: Dutch, English & Spanish
- First backpack trip in 2014
- First visit to Nicaragua in 2022
- Sports enthusiastic
- Nicaragua lover

